WEEK

NEEK

2

Monday

BUBBLECRUMB SALMON FILLET (V) FILLED JACKET POTATO & CHEESE **BAKED BEANS & SALAD** POTATO WEDGES

> PINEAPPLE SPONGE & CUSTARD

Tuesday

PORK MEATBALLS IN TOMATO SAUCE (V) VEGETABLE SAUSAGE IN TOMATO SAUCE **BROCCOLI & CABBAGE** PASTA

OATY BISCUIT & MILK

Wednesday

PRIMARY SCHOOL MENU

OCTOBER 2024 - SEPTEMBER 2025

ROAST TURKEY OR BEEF (V) QUORN ROAST **OR FILLET CARROTS & SWEDE ROAST POTATO GRAVY**

ICE CREAM & CHOPPED PEACHES

Thursday

BEEF BOLOGNESE (V) OUORN BOLOGNESE **SWEETCORN & PEAS PASTA SALAD**

CHOCOLATE & BANANA CUPCAKE & MILK

Friday

BBQ CHICKEN & SPINACH WRAP (V) BBQ QUORN & SPINACH WRAP **SALAD CHIPS**

STAWBERRY WHIP WITH **COULIS & RAISINS**

Week 1

03.09.24 17.02.25 23.09.24 17.03.25 14.10.24 07.04.25 11.11.24 12.05.25 02.12.24 09.06.25 06.01.25 30.06.25 27.01.25

Monday

FISH BITES (V) FISHLESS FINGERS **BAKED BEANS OR BROCCOLI & SALAD POTATO WEDGES**

CHOCOLATE SPONGE & CHOCOLATE CUSTARD

Tuesday

SAUSAGE PASTA BAKE (V) VEGETABLE SAUSAGE **PASTA BAKE SWEETCORN & GREEN BEANS GARLIC BREAD**

> **SHORTBREAD & BANANA PIECES**

Wednesday

SAVOURY MINCED (V) QUORN MINCE WITH A YORKSHIRE **PUDDING PEAS & CARROTS. CREAMED MASHED POTATO**

YOGURT & APPLE PIECES

Thursday

CHICKEN PIE (V) OUORN & VEGETABLE PIE **BROCCOLI & CABBAGE BOILED OR NEW POTATOES GRAVY**

FRESH FRUIT SALAD & **DREAM TOPPING**

Friday

(V) CHEESE & TOMATO PIZZA **VEGETABLE STICKS BEETROOT CHIPS**

APPLE CRUMBLE MUFFIN & MILK

Week 2

09.09.24 03.03.25 30.09.24 24.03.25 21.10.24 28.04.25 18.11.24 19.05.25 09.12.24 16.06.25 13.01.25 07.07.25 03.02.25

WEEK Monday

(V) MAC 'N'CHEESE (V) NEOPOLITAN BAKE **GARLIC BREAD PEAS & PEPPER STICKS**

CHOCOLATE KRISPIE SOUARE

Tuesday

FISH STARS OR BREADED SALMON FILLET (V) FISHLESS FINGER **BAKED BEANS OR SALAD CREAMED MASHED** POTATO

STICKY TOFFEE SPONGE & CUSTARD

Wednesday

ROAST PORK (V) QUORN ROAST **OR FILLET APPLE SAUCE & GRAVY ROAST POTATOES OR BOILED POTATO CARROTS & BROCCOLI**

> **CHEESECAKE & MANDARINS**

Thursday

CHICKEN KORMA (V) VEGETABLE KORMA **PEAS & SWEETCORN** RICE **NAAN BREAD**

> **RASBERRY BUN** & MILK

Friday

BEEF BURGER IN A BUN (V) QUORN FILLET IN A BUN **CHIPS COLESLAW & CUCUMBER**

> **YOGURT & APPLE PIECES**

Week 3

16.09.24 10.02.25 07.10.24 10.03.25 04.11.24 31.02.25 25.11.24 06.05.25 16.12.24 02.06.25 20.01.25 23.06.25 14.07.25



FILLED JACKETS AVAILABLE DAILY AS AN ALTERNATIVE TO THE MAIN MEAL.

CHOICE OF FILLINGS.

The Gwynedd Primary School Menu complies with the Healthy Food In Schools Regulations 2013. (Nutritional Standards and Requirements Wales) It has been approved by the Welsh Government Associations School food Co-ordinator. A fresh drink of water is available to all at lunchtime. Fruit is available every day as an alternative to a pudding. Bread (without spread) is available every day. We prepare food from the original ingredients, and we do not knowingly use food that has been genetically modified. Special diets are catered for please contact the school cook. Allergen information is available at your child's school kitchen for every item on the menu.

